



# *pract- eco*

how to be  
practically  
ecological  
in Geneva

a guide by the Environmental Committee

# RECYCLING AND COMPOSTING 101



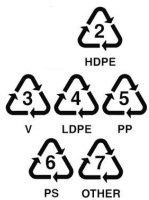
## PLASTIC



**ONLY RECYCLE PLASTIC WITH THIS LABEL**  
or PETE or [1]

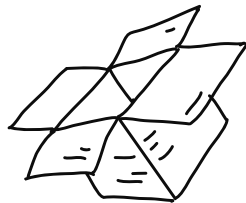
**DOES NOT MEAN RECYCLE OR RECYCLABLE.**

MEANS THAT THE PRODUCER CONTRIBUTES TO RECYCLING EFFORTS.



THESE **DO NOT** GO INTO THE **PET** BIN

## PAPER



**DO NOT RECYCLE:**  
NAPKINS,  
PIZZA BOXES,  
PARCHMENT PAPER,  
MILK/JUICE BOXES.



**NOTE:**  
BEVERAGE CARTONS ARE NOT PAPER.

## ALU



**RINSE FIRST**  
ALUMINIUM  
WITH THIS LABEL



**ONLY**  
RECYCLE **FOIL**  
IF IT'S CLEAN.

**ALUMINIUM AND TIN CANS** CAN BE RECYCLED INDEFINITELY SO PLEASE DO SO!

## COMPOST



**ONLY ORGANIC WASTE\*!**



**ONLY USE COMPOSTABLE BAGS FOR COMPOST!**

\*THROW OUT YOUR COMPOST REGULARLY, in the compost bin of course.

## DROP-OFF

**DROP-OFF:**  
**NON-PET** PLASTIC CONTAINERS LIKE MILK, DETERGENT, SOAP, JUICE, ETC...



**EXAMPLE?:**  
**Coop** Rue de Montbrillant 90. to the left of the entrance.

# ZERO WASTE/BULK STORES

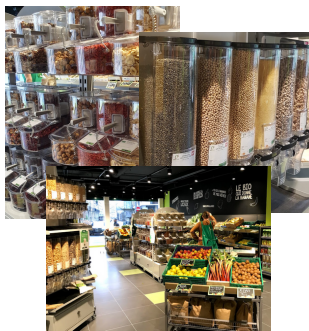


## BIO C' BON

**BIO C' BON** IS A FRENCH CHAIN OF ORGANIC GROCERY STORES. IT INCLUDES A WIDE VARIETY OF LOCAL PRODUCE, AND MANY ITEMS IN BULK.

**WHERE:**  
RUE DES EAUX-VIVES  
6, 1207 GENÈVE

RUE DE CAROUGE 76,  
1205 GENÈVE



## LYZAMIR

**LYZAMIR** IS BULK STORE SELLING A WIDE RANGE OF ORIENTAL AND MIDDLE EASTERN PRODUCTS INCLUDING FLOURS AND SPICES PACKAGE FREE.

**WHERE:**  
RUE DES CORPS-  
SAINTS 3, 1201  
GENÈVE



## LE NID

**LE NID** IS A LOCAL COOPERATIVE WITH A PARTICIPATIVE GOVERNANCE STRUCTURE. THEY PRIORITISE LOCAL PRODUCERS AND SUSTAINABLE AND SEASONAL PRODUCE!

**WHERE:**  
CHEMIN DU 23-AOÛT 5,  
1205 GENÈVE



## NATURE EN VRAC

**NATURE EN VRAC** IS A LOCAL WOMAN-OWNED SHOP THAT HIGHLY PRIORITISES PACKAGE-FREE SHOPPING. THEY SELL EVERYTHING FROM WINE TO TEAS TO OIL IN BULK TO FOOD AND SOAPS AND MORE.

**WHERE:**  
PLACE DES GROTTES 1,  
1201 GENÈVE



## OTHERS

*OTHER BULK STORES OR SHOPS WITH PLASTIC FREE PRODUCTS:*

**- CHEZ MAMIE**  
RUE DES ROIS 17,  
1204 GENÈVE

**- LE BOCAL LOCAL**  
RUE LISSIGNOL 10,  
1201 GENÈVE

**- CARREFOUR**  
CHEMIN DE LA BRUNETTE,  
01210 FERNEY-VOLTAIRE,  
FRANCE

*- MOST GROCERY SHOPS SELL SOME PRODUCE PACKAGE FREE. **SAY NO TO PLASTIC** WHENEVER YOU CAN!*

# FARMERS MARKETS



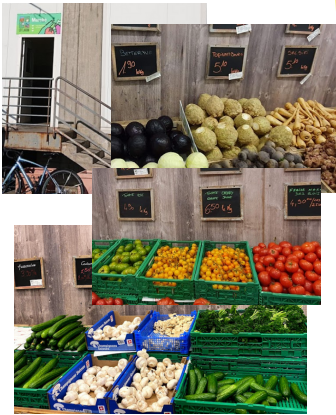
## UNION MARACHAIRE

WHEN:  
**MONDAY TO SATURDAY**

WHERE:  
**RUE BLAVIGNAC 16,  
1227 CAROUGE**

**45 ROUTE DE BASE  
1258 PERLY**

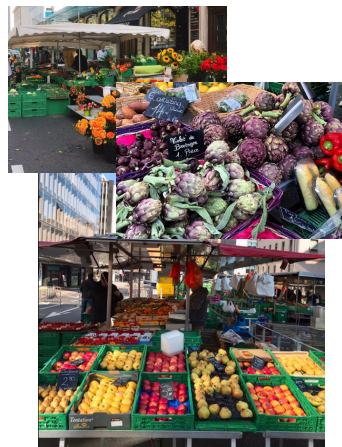
MONDAY 14H-18H  
TUE - FRI 10H-18H  
SATURDAY 9H-13H



## MARCHÉ HELVÉTIQUE

WHEN:  
**EVERYDAY EXCEPT SUNDAY**

WHERE:  
**BOULEVARD HELVÉTIQUE AND STREETS AROUND**



## PLAINPALAIS

WHEN:  
**TUESDAYS AND FRIDAYS**

WHERE:  
**PLAINE DE PLAINPALAIS  
1205 GENÈVE**



## FERNEY VOLTAIRE

WHEN:  
**SATURDAYS**

WHERE:  
**AVENUE VOLTAIRE  
01210 FERNEY-VOLTAIRE**



## OTHERS

### OTHER MARKETS

**- MARCHÉ DE COUTANCE  
SATURDAYS**

PLACE DES GROTTES 1  
1201 GENÈVE

**- MARCHÉ LIOTARD:  
MONDAYS AND THURSDAYS**

RUE LIOTARD  
1203 GENÈVE

**- MARCHÉ DE LA NAVIGATION:  
TUESDAYS AND FRIDAYS**

PLACE DE LA NAVIGATION  
1201 GENÈVE

# THRIFT STORES/FLEA MARKETS



## PLAINPALAIS

**WHERE:**  
PLAINE DE  
PLAINPALAIS  
1205 GENÈVE

**WHEN:**  
WEDNESDAYS,  
SATURDAYS,  
1ST SUNDAY  
OF THE MONTH



## EMMAUS

**WHERE:**  
ROUTE DE DRIZE 5,  
1227 CAROUGE

**WHEN:**  
MON-SAT | 10 - 16H



## VET'SHOP

**WHERE:**  
RUE LESCHOT 2,  
1205 GENÈVE

**WHEN:**  
MON-FRI | 10 - 19H  
SAT | 09:30-17:30

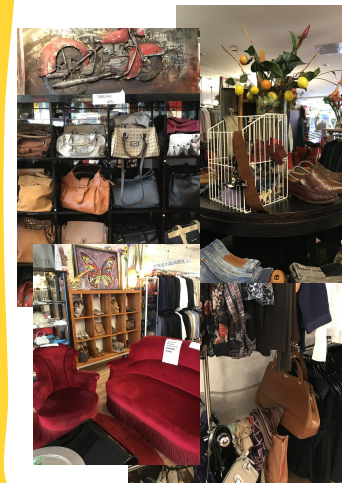


## POINT ROUGE

**WHERE:**  
RUE DES CORDIERS 4,  
1207 GENÈVE

RUE DE CAROUGE 47,  
1205 GENÈVE

**WHEN:**  
MON-FRI | 10-18H



## OTHERS

### **OTHER POINT ROUGE LOCATIONS:**

*RUE DES PÂQUIS  
41201 GENÈVE  
MON-FRI | 10-18H*

*RUE DES ASTERS  
41202 GENÈVE  
MON-FRI | 10-18H*

*AVENUE DU PETIT-  
LANCY 31213 LANCY  
MON-FRI | 10-18H*

*RUE DE GENÈVE  
711225 CHÊNE-  
BOURG  
MON-TUES, THURS-FRI  
10-18H  
WED | 14-18*

# RESTAURANTS & CAFÉS



## ALIVE

**ALIVE** IS MANY THINGS. IT'S A VEGAN CAFE, BUT ALSO A SUPERFOOD STORE, A SPACE FOR YOGA AND OTHER ACTIVITIES AND MORE!

### WHERE:

RUE DES BARQUES 2  
1207 GENÈVE

MON-FRI | 08-18H  
SAT-SUN | 11-18H



## MU-FOOD

AT **MU-FOOD** THEY MAKE CLEAN AND ORGANIC RECIPES FROM SWITZERLAND AND BEYOND!

### WHERE:

RUE DE LAUSANNE 59  
1201 GENÈVE

MON-FRI | 08-18H  
SAT-SUN | 11-18H



## OU BIEN ENCORE

### OU BIEN ENCORE

SERVES PLANT-BASED DISHES MADE WITH AUTHENTIC, LOCAL AND SEASONAL PRODUCTS, ORGANIC AS MUCH AS POSSIBLE, CAREFULLY PREPARED TO PRESERVE THEIR VITALITY AND NUTRITIONAL QUALITIES.

### WHERE

61, RUE DES BAINS  
1205 GENÈVE

TUE-FRI 8H-23H  
SAT 10H-23H



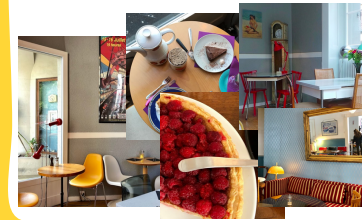
## LA SIXIEME HEURE

**LA SIXIÈME HEURE** IS AN ATYPICAL CAFÉ-BROCANTE - WHERE YOU CAN ENJOY SIMPLE, QUALITY CUISINE. YOU CAN GO THERE TO EAT BUT ALSO TO BUY THE FURNITURE YOU SIT ON OR THE LIGHTS ON THE CEILING! EVERYTHING THERE IS RECYCLED/SECONDHAND!

### WHERE

PLACE DES PHILOSOPHES  
6 1205 GENÈVE

MON-SAT | 11:30H - 20H



## BATEAU GENEVE

**LE BATEAU GENÈVE**, IS A PLACE OF SOCIAL, CULTURAL AND ARTISTIC ACTIVITIES. THEY HELP WITH THE SOCIO-PROFESSIONAL REINTEGRATION OF PEOPLE IN PRECARIOUS SITUATIONS. FOR BREAKFAST, LUNCH OR A DRINK IN THE EVENING AND CONCERTS WITH AMAZING VIEW!

### WHERE:

QUAI GUSTAVE-ADOR 1  
1207 GENEVA

TUES- SAT  
17H - MIDNIGHT

# OTHER COOL STUFF!

## LA MANIVELLE

### COOPÉRATIVE LA MANIVELLE

IS A LIBRARY OF THINGS.

WITH THE EC'S MEMBERSHIP, YOU CAN RENT ANYTHING FOR FREE, FROM A DRILL TO A TENT!

create an account --> let us know --> your account gets validated --> get to borrowing :)

### WHERE:

RUE DU VÉLODROME 18,  
1205 GENÈVE

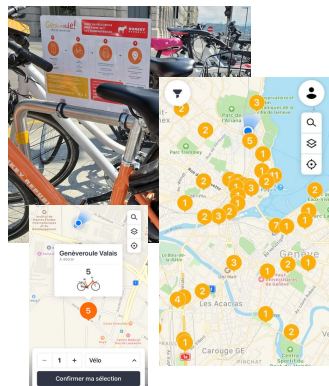


## DONKEY REPUBLIC

**DONKEY REPUBLIC** IS AN APP YOU CAN USE TO RENT OUT BICYCLES (RIDES UNDER 1HR ARE FREE!). PARTNERSHIP WITH GENEVE ROULE.

### WHERE:

THERE ARE PICK UP AND DROP OFF STATIONS ALL OVER THE CITY!



## LÉMAN

THE **LEMAN** IS THE LOCAL GENEVA CURRENCY, TO ENCOURAGE A SUSTAINABLE AND LOCAL ECONOMY. THERE ARE OVER 150 PARTICIPATING BUSINESSES IN GENEVE ALONE!  
1 LÉMAN = 1 CHF

### WHERE TO GET THEM:

ATM: RUE DES SAVOISES 15, 1205 GENÈVE

ALSO AT LE NID:  
CHEMIN DU 23-AOÛT 5,  
1205 GENÈVE



## PUBLIC TRANSPORT

**TPG** IS THE SYSTEM OF PUBLIC TRANSPORT. **SBB** IS THE NATIONAL RAILWAY COMPANY.

### SOME TIPS:

- for 39CHF, the seven25 card lets you travel anywhere in Switzerland between 7pm - 5am. Valid for a month, for under 25yrs.

- Half-fare card cuts in half all your ticket prices.

- Look for your tickets in advance to find supersaver tickets which are cheaper!

### WHERE:

get your passes at Gare Cornavin

THE ENVIRONMENTAL COMMITTEE



## ECO TIPS

**OECOPLAN:** A **COOP** BRAND RECOMMENDED BY THE WWF. ECO-FRIENDLY PRODUCTS. **MIGROS** and **LIDL** have similar lines of products:



Labels from the largest federation of Swiss organic farmers:



Both labels mean **fully organic**.

label on the right: <90% of raw materials come from Switzerland.

label on the left: <10% may be imported.

# MORE COOL PLACES AND APPS!

THE  
ENVIRONMENTAL  
COMMITTEE



## BAINS DES PAQUIS

### **BAINS DES PAQUIS**

IS A TRADITIONAL PLACE IN THE CITY OF GENEVA, ALL SEASONS LONG. A VERY POPULAR AND ACTIVIST PLACE, WITH ECOLOGICAL ACTIONS. DO NOT HESITATE TO GO AND TRY THE DELICIOUSLY CURATED "PLAT DU JOUR" ALL YEAR LONG OR THE SUNRISE CONCERTS IN SUMMER.

### **WHERE**

QUAI DU MONT-BLANC  
30CH - 1201 GENÈVE

EVERYDAY FROM  
7H-23H

## PECLOT 13

**PECLOT 13** IS A SELF-MANAGED, ACTIVIST, ALTERNATIVE AND CHEAP BICYCLE REPAIR SPACE. IT'S GREAT FOR FINDING SECOND-HAND BIKE PIECES/PARTS AT A LOW PRICE. YOU CAN ALSO GO AND BUILD YOUR OWN BIKE!

### **WHERE**

ATELIER DES GROTTES

RUE DE L'INDUSTRIE 9  
1201 GENEVA  
022 740 37 89

MO-FR: 1PM-7PM  
SA: 1PM-6PM

## SLOW FOOD

**SLOW FOOD** IS A MOVEMENT THAT ADVOCATES THE RIGHT TO GOOD FOOD FOR ALL AND INVITES US TO TAKE RESPONSIBILITY FOR OUR HERITAGE IN TERMS OF BIODIVERSITY, CULTURE AND KNOWLEDGE.

CHECK THEIR WEBSITE TO GET TO KNOW THEM, THEIR PARTNERS, ACTIVITIES AND PROJECTS ALL AROUND GENEVA!

### **WHERE**

[WWW.SLOWFOOD.CH](http://WWW.SLOWFOOD.CH)



Slow Food® CH

## L'ARMEE DU SALUT

L'ARMEE DU SALUT IS A SOCIALLY ENGAGED PLACE. IT'S A GREAT PLACE TO BUY SECOND HAND FURNITURE! OR TO DONATE YOUR FURNITURE... IT IS AN ESSENTIAL PLACE FOR MIGRANTS, REFUGEES, PEOPLE IN PRECARIOUS SITUATIONS AND ALL THOSE WHO NEED IT. BUYING FURNITURE THERE IS AN ACT OF SOCIAL AID.

### **WHERE**

CHEMIN BARDE  
61219 AÏRE+41 22  
736 15 80

## APPS

### **- TOO GOOD TO GO CH**

BUY INVENDUS FROM BAKERIES AND RESTOS FOR VERY CHEAP!

### **- LA FOURCHETTE**

SAME AS ABOVE. MUST BE A MEMBER OF THE GROUP!

### **- YUKA**

SCAN THE BARCODE OF ANY FOOD/SKIN/HOUSE PRODUCT AND IT TELLS YOU THE NUTRITIONAL/TOXIC /SAFETY INFO.





A BIG WELCOME TO  
GENEVA FROM THE EC :)  
TAKE GOOD CARE OF  
YOUR NEW HOME!

[gisa.ec@graduateinstitute.ch](mailto:gisa.ec@graduateinstitute.ch)